June 2019 Newsletter



Our Mission

Mt. Meru Tumaini Health Clinic is dedicated to providing quality health care, community development, and educational programs for the people of the Mt. Meru region of Tanzania.

"Meet Our New Clinical Officer" by Denise Mbise

We are very pleased to introduce all our supporters and donors to Gerry Mroki who has been hired as the Ndoombo Community Dispensary's full-time Clinical Officer. When we became a dispensary, one of the requirements for that level of care was to have a full-time clinical officer. We met Gerry in a very serendipitous way. In January, when Exaudh and I went to Tanzania for an assessment trip, we visited the Olorien Community Clinic Baptist Dispensary in Arusha to see how they had their lab set up We had a great tour and Dr. Polite Mbise was able to have a good conversation with their lab staff. It was a very helpful tour.



Left: Baptist Dispensary in Arusha

Below: Dr. Polite Mbise talks to the Olorien lab staff about their set-up and procedures.



After our tour we met with the attending physician who recommended Gerry to us. We contacted Gerry and then he was interviewed by Dr. Polite Mbise and Dr. Valerie McKinnis.

Gerry is from Arusha, received his certificate in clinical medicine from The Medical Training



Gerry Mroki—Ndoombo Community Dispensary Clinical Officer.

Center—Mafinga. He completed a certificate of service at Health Masters Dispensary in Arusha as a clinical officer and he worked at Olorien Dispensary before joining us.

We are excited to have Gerry on board and look forward to developing the services of the dispensary further. Dr. Jill Hilty was recently at the dispensary in April and was able to meet and work with Gerry for a week. With a full-time Clinical Officer on board we have already expanded hours and the staff has been able to serve more patients. Our monthly average is about 190 patients and growing. We will also be able to work towards a broader development of lab services.

Thank you for your continued support which has enabled us to hire Gerry and expand our work. Your continued support will be needed as we move ahead in this expended roll. As more patients come through our doors the support of the staff will be crucial. Thank you!!

June 2019 Mount Meru Tumaini Health Clinic

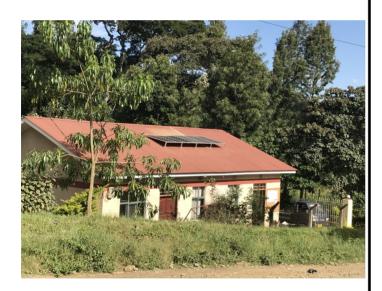
"Upgrades"

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Thanks to a generous donor we were able to upgrade our solar power by adding a battery and another solar panel. The entire campus can now be run on solar power alone when needed.

Thank you!!





Many of you contributed towards our need to secure patient records and fulfill reporting requirements. This has been accomplished by upgrading technology and office space—thank you!!



A locking file cabinet was purchased.





Above: Exaudh Mbise trains nurses Neema and Romini on the new IPad.

Donated computer and printer installed in the front office.

June 2019

"Beginning Partnership" by Denise Mbise

While Exaudh and I were in Tanzania in January we were able to meet with the Board of Elders of Ndoombo Lutheran Parish. We discussed the possibility of using the church as a site for larger educational events. The board was excited about that possibility.

The elders also informed us of their plans to build a hostel at the parish. This was great news for us as it would enable those who come on mission trips or just come to work at the dispensary to have a place to stay close by.

We are excited about building this partnership with Ndoombo Parish. Exaudh's father started this parish years ago and his brother Rev. Silas Mbise is now the pastor of the parish.



Also on this trip we met again with the Ndoombo Community Dispensary Board and discussed goals and needs for the coming year. Of course a clinical officer was at the top of the list and we were fortunate to have fulfilled that goal. We are also continuing to look at expanding lab service. With Gerry on board now and with the help of Dr. Jill Hilty we will be working to make this a _____

reality.

The Dispensary Board



Blood Pressure Clinic



Romini and Neema—our two nurses on staff at the dispensary—held a blood pressure screening at Ndoombo Lutheran Parish on the Sunday Exaudh and I were there in January. Romini screened about 15 people after church and those who needed follow-up treatment came to the dispensary on Monday for follow-up care. Thank you to Ndoombo Parish for hosting this Blood Pressure Screening.



Romini checks the blood pressure of a woman at Ndoombo Parish.

June 2019

Join Us for a

Fundraiser Dinner Sunday, August 11, 2019

Trinity Lutheran Church

2507 5th Ave.

South Milwaukee, WI

Tanzanian Dinner at 5pm

Banana (plantain) Stew with beef

Greens and Ugali

Rice and Beans

6pm program and live stream from the Ndoombo Community Dispensary with Aliliywa Mbise in Tanzania.

Our Tanzania Boutique will be open.

Tickets are \$15.00 per adult

\$7.50 for children aged 6-13

Children 4 and under free

Tickets are available from any board member or call Denise at 262-930-8267.



Babies Born

Romini weighs a newborn





Mom and baby

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"Panoramics"





Above: Delivery room. Below: Immunization Room



Take a Look at Our New Website!

Speaking of technology, our new website for Mt. Meru Tumaini Health Clinic is up and running. Volunteers Chuck Glover, Judy Amundsen and Exaudh Mbise deserve a BIG 'Asante Sana' (Thank you very much) for making this website a reality! We hope you will take advantage of the site and enjoy the many new program summaries and image galleries. Our team has learned a great deal about the new website tools, and are excited to actively maintain the site with important news of our dispensary. Your input is welcome, so we encourage you to browse around and check out our new site at <u>www.mmthc.org</u>. Site visitors can provide comments through the 'Contact Us' page. We look forward to hearing from you!

What do you do when you need more water pressure? Raise the water tank!!















Mission Accomplished!



Medical Trip in August 2019

Aliliywa Mbise and Margaret Mbise will be going to the Ndoombo Community Dispensary for 3 weeks in August of 2019 to work at the dispensary. They may be joined by Dr. Valerie McKinnis while they are there. The CPR Mannequins have arrived and Aliliywa and Margaret will be taking them with them to leave at the dispensary. They will be conducting CPR and basic first aid classes at the schools in the area.

The audiometer was brought back in January for recalibration and for training. Judy Amundsen will be training Aliliywa on the use of the audiometer. Aliliywa will take it back with her and work with Romini on hearing testing.



Above: Margaret Mbise and Aliliywa Mbise last year in Tanzania



A student practices on a baby mannequin at last year's class.

Do you use Amazon? Go to <u>https://smile.amazon.com/</u> Amazon will automatically give .5% of eligible purchases to our organization upon your designation of Mount Meru Tumaini Health Clinic.

To date we have received \$107.31 Thank you!



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Contact Us:

Board of Directors:

Mount Meru Tumaini Health Clinic 3500 Washington Avenue Racine, WI 53405

Phone: 262-930-8267 Email: mmthclinic@gmail.com

Donations can also be made via the web at www.mmthc.org using PayPal/credit card or by mailing to the above address. Rev. Denise Mbise, President Diane Thompson, Vice-President Elaine Lucht, Secretary Jodie Larson, Co-Treasurer Christopher Thompson, EdD, Co-Treasurer Exaudh Mbise, Liaison to Tanzania Board Barb Elmer, RN Jill Wanggaard, RN, MSP, FNP Judy Amundsen, SLP, MS-CCC Valerie McKinnis, MD Aliliywa Mbise Advisory – Jill Hilty, MD

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